

# **THRESHOLDS**

## **CENTER FOR MENTAL WELLBEING**

### **KANKAKEE**



WWW.THRESHOLDS.ORG

(815) 348-4508

202 N. SCHUYLER, SUITE 205, KANKAKEE, IL

## **THRESHOLDS - KANKAKEE IS PROUD TO OFFER THE FOLLOWING SERVICES:**

- Individualized care planning
- Community-based case management, ACT, CST, CSI for persons with serious mental health conditions
- Home visits
- Accompany members to doctor's appointments, assist with communication and follow-up
- Direct support with referrals to other social service providers
- Assistance with Medicaid and other benefits applications
- Support with daily life problem solving
- Counseling and therapy for all age groups
- Family therapy
- Substance Use treatment
- Support groups and classes for mental health recovery skills
- Peer-led drop-in center open 7 days a week for Thresholds members
- Social and leisure outings
- Employment support for those wanting to work to find and keep jobs
- Three group homes
- Psychiatry
- Nurse Care Coordination
- Child and Youth services - TheraPlay, sand tray, expressive arts
- Veteran's services – therapy and counseling
- Representative Payee for those who need that support
- Expressive Arts program

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**MENTAL WELLBEING**  
**KANKAKEE**

MEDICAID  
ACCEPTED!

- Mental Health and Substance Use Therapy
- Case Management Services
- Options for All Ages
- Inclusive & Accessible Care
- Telehealth Options Available



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## COMPREHENSIVE CARE, COMPASSIONATE SUPPORT

Thresholds Kankakee is committed to providing accessible, person-centered, evidence-based care individualized to meet the needs of those we serve.

**Thresholds accepts all insurance, including Medicaid,**  
and offers a variety of services, such as:



INDIVIDUAL, GROUP &  
FAMILY THERAPY  
ACROSS THE LIFE SPAN



SLIDING SCALE FEES



TELEHEALTH OPTIONS



COMMUNITY SUPPORT  
AND CASE MANAGEMENT



To get services, explore partnership opportunities or more information, contact us at **(815) 348-4508**, [kankakeeintake@thresholds.org](mailto:kankakeeintake@thresholds.org) or use the QR code.

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